



## LANCING COLLEGE

International Summer School 2020

A partir del domingo 5 de julio

### DISTANCIAS:

- Aeropuerto de Heathrow: 1h 15m
- Aeropuerto de Gatwick: 45 minutos





## Curso de verano 2020 en: Lancing College

<b>Duración</b>	Del domingo 5 de julio al sábado 22 de agosto Mínimo 2 semanas	<b>Programa:</b> English Plus	22h30 de clase de inglés cada semana - English Skills, Enrichment, Research Projects -, deportes, actividades educativas y de ocio, y excursiones. Academies ( Opcional ) ver detalle. Cambridge FCE exam y CAE exam ( Opcional ) ver detalle.
<b>Alumnos</b>	230 alumnos de 13 a 18 años. Nivel de inglés mínimo A1 - A2 Elementary. No se acepta nivel principiante. Máximo 14 alumnos por clase	<b>Academies</b> (Opcional)	<b>Academic:</b> Critical Thinking; Essay Writing; International Relations; Management; Presenting <b>Creative:</b> Commercial Pop Dance, Film&Animation, Masterchef  <b>Sports:</b>      Flying, Football, Golf, Horse Riding, Tennis Son actividades para las tardes, dependiendo de la actividad se dedican más o menos horas, y se hacen en el colegio o fuera.



Cambridge  
FCE exam

Para alumnos menores de 18 años.


Se requiere un nivel mínimo B2.

3h30 de clase cada día de lunes a viernes dedicadas a la preparación del examen.

Fecha del examen: jueves 30 de julio

Test Format

PAPER	LENGTH	CONTENT
Reading & Use of English	1hr 15 mins	7 parts/52 questions
Writing	1hr 20 mins	2 parts
Listening	40 mins	4 parts/30 questions
Speaking	14 mins	4 parts



Cambridge  
CAE exam

Para alumnos menores de 18 años.


Se requiere un nivel mínimo C1.

3h30 de clase cada día de lunes a viernes dedicadas a la preparación del examen.

Fecha del examen: viernes 31 de julio

Test Format

PAPER	LENGTH	CONTENT
Reading & Use of English	1hr 30 mins	8 parts/56 questions
Writing	1hr 30 mins	2 parts
Listening	40 mins	4 parts/30 questions
Speaking	15 mins	4 parts



## Alojamiento

En el colegio, en habitaciones individuales o dobles

( algunas de 3 - 5 camas )

Baños compartidos

Wi-fi / Skype

2 lavadoras cada semana

ratio staff:student 1:5



# Menús

## Sample Breakfast Menu

Cereals	A selection of cereals with toppings and fresh milk
Breads	Toasted breads with butter and preserves
Breakfast Special	Pastries, cold meats, muffins or pancakes
English Breakfast	A selection of eggs, sausages, bacon, beans or potatoes served once or twice per week
Yoghurts	Various flavours are available
Fruit	A selection of fresh fruit
Drinks	Tea, Coffee, Orange and Apple Juice

These are example menus for illustrative purposes only.

## Sample Lunch/Dinner Menu

Soup of the day	Carrot and coriander soup
Breads	Selection of home-baked breads
Main option	Pan roasted chicken with tarragon crème fraîche
Alternative option	Spaghetti bolognese
Vegetarian option	Courgette and red onion tart
On the side...	Roasted new potatoes and steamed carrots
Salad bar	Lettuce, green leaves, tomatoes, cucumber, sweetcorn, couscous, tuna, parma ham and sliced peppers
Dessert	Baked mango cheesecake
Drinks	Water/orange squash

## Meat Dishes

Beef bourguignon
Roast turkey with cranberry sauce
Pan roasted chicken with tarragon crème fraîche
Grilled pork chop with apple sauce
Lemon and paprika chicken
Chicken curry with poppadums
Chilli Con Carne
Chicken kebabs with pittas
Gammon and leek pie
Roast lamb with mint sauce

## Fish Dishes

Battered cod with lemon and herb mayonnaise
Mackerel, potato and pepper bake
Seafood paella
Battered haddock fillet
Classic fish pi

## Pasta Dishes

Spaghetti bolognese
Beef lasagne
Penne pasta with a choice of 3 sauces
Macaroni cheese

## Vegetarian Dishes

Mushroom and red pepper paella
Courgette and red onion tart
Cheese and tomato omelette bake
Vegetable nachos with sour cream
Stir-fry vegetables with plum sauce
Stuffed aubergines
Broccoli and pea risotto
Spicy tomato and bean casserole
Spinach, feta and mushroom frittata
Vegetable and soya pie

## Desserts

Fruits of the forest cheesecake
Banoffee pie
Chocolate brownie
Apple and blackberry crumble with custard
Fresh fruit salad with cream
Lattice apple pie
Steamed syrup sponge
Arctic roll with fresh fruit
Cherry shortbread
Fruit and yoghurts



## Deportes y Actividades

Aerobics	Netball
Badminton	Painting
Basketball	Rounders
Bootcamp	Rugby
Card Games	Set Design
Chess	Singing
Circuit Training	Squash
Cricket	Stoolball
Dance	Swimming
Dodgeball	Table-Tennis
Drama	Tennis
Fashion Design	Volleyball
Football	Yoga
Model-Making	Zumba

## Evening activities:

Got Talent  
 Disco  
 House Competitions  
 Fashion Show  
 Formal Dinner & Dance  
 Karaoke  
 Messy Games  
 Music Quiz  
 Pool Party



## Excursiones

### Excursiones de los sábados

#### English Plus, Lancing 13-18yrs

Sat 11 Jul	<b>London SEA Life (Recreational)</b> The London Aquarium is the only place in the capital where you can come face to face with sharks and deadly stone fish. The Aquarium has 350 species for you to see from every major environment across the globe.
Sat 18 Jul	<b>Tate Britain (Cultural)</b> London's Tate Britain holds the largest collection of British art in the world from 1500 to the present day. You'll find masterpieces by Gainsborough, Hogarth, Millais, Whistler, as well as outstanding modern and contemporary artists such as Francis Bacon, Lucian Freud and Damien Hirst.
Sat 25 Jul	<b>Imperial War Museum (Cultural)</b> IWM London's world-class collections tell the everyday and exceptional stories of people whose lives have been forever impacted by war, with unique documents and objects, art, sound and film
Sat 1 Aug	<b>Wembley Stadium Tour (Recreational)</b> Experience one of the most iconic world stadiums. Home to the National football team, this fully-guided tour will let you in to the dressing rooms, player's tunnel, press rooms and much more.
Sat 8 Aug	<b>National Painting Gallery and Trafalgar Square (Cultural)</b> The National Gallery houses one of the greatest collections of paintings in the world. You can explore inspiring art by Botticelli, Leonardo da Vinci, Rembrandt, Gainsborough, Turner, Renoir and Van Gogh.
Sat 15 Aug	<b>Madame Tussauds (Recreational)</b> With 14 interactive areas, Madame Tussauds London combines glitz, glamour and incredible history with more than 300 stunning wax figures

#### Alternative option for all Saturday Excursions

All Saturdays	<b>Central London (Sightseeing)</b> A walking tour of London, viewing the city's most iconic sites such as Big Ben, Buckingham Palace and Westminster. A chance to walk through the heart of the capital and take pictures that will stay with you for ever.
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Summer School reserves the right to make changes to these schedules at any time and for such reasons as may be reasonable and appropriate to the effective delivery of services by the Summer School.

## English Plus Sample Timetable 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07.15	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Lie-in
07.45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
08.30	Student Meeting	Student Meeting	Student Meeting	Student Meeting	Student Meeting	Student Meeting	Wake up
08.45	<b>ENGLISH SKILLS 1</b> <b>SOCIALISING</b> <b>Grammar:</b> Different types of questions, question tags, pronouns <b>Vocabulary:</b> Disappointing, upsetting, frustrating, breaking the ice, to recognise somebody, to join in. Quiz and group discussion	<b>ENGLISH SKILLS 1</b> <b>CHALLENGES</b> <b>Grammar:</b> Present Perfect and Past Simple, linking words, prepositions <b>Vocabulary:</b> Sports, countries, geographical features <b>Class Survey:</b> Extreme sports	<b>ENGLISH SKILLS 1</b> <b>CELEBRATIONS</b> <b>Grammar:</b> Comparative and superlative adjectives, should, Ought to verb+prep+gerund <b>Vocabulary:</b> Festivals, Carnivals, adjectives, music, town facilities. Watching sketches about Carnival Celebrations	<b>ENGLISH SKILLS 1</b> <b>TECHNOLOGY</b> <b>Grammar:</b> Giving opinions, asking for opinions, Future Perfect <b>Vocabulary:</b> Gadgets, computer games, technology <b>Questionnaire about technology:</b> True or false	<b>ENGLISH SKILLS 1</b> <b>Reading:</b> "Invention: a new computer game" <b>Writing:</b> an article: pros and cons <b>Discussion:</b> The best computer game and why	<b>EXCURSION OPTION 1</b> <b>London Bridge Experience &amp; Tombs or Tower of London</b> Students will either visit the London Bridge Experience & Tombs for a historical adventure or, enjoy a cultural exploration of the Tower of London.	
10.00	Break + Snack	Break + Snack	Break + Snack	Break + Snack	Break + Snack	London Bridge Experience & Tombs	
10.15	<b>ENGLISH SKILLS 2</b> <b>Listening:</b> Keeping a conversation going <b>Reading:</b> Starting a new conversation techniques: Practice in pairs. Act out for the class. <b>Dramatisation:</b> In the swimming gala	<b>ENGLISH SKILLS 2</b> <b>Reading:</b> an article about "A backpacking trip" sharing our own experience with our partner <b>Writing:</b> an entry in a blog about my personal experience	<b>ENGLISH SKILLS 2</b> <b>Festivals in my country:</b> What we should and shouldn't do <b>Group Work:</b> Festivals in England: Halloween, Bonfire Night, Remembrance Day. Research and present	<b>ENGLISH SKILLS 2</b> <b>IN THE DINING HALL</b> <b>Vocabulary:</b> Cabbage, fry-up, scones, beetroot <b>Expressions:</b> I wonder what's on the menu today? I'd better give this seat up. I'm (stuffed/starving)	<b>ENGLISH SKILLS 2</b> <b>Progress Test</b>	<ul style="list-style-type: none"> <li>• Queen Boudica's Iceni Tribe</li> <li>• Tales of the Roman Army</li> <li>• Jack the Ripper</li> <li>• Medieval life</li> <li>• Great Fire of London</li> </ul> Tower of London <ul style="list-style-type: none"> <li>• The Crown Jewels</li> <li>• The White Tower</li> <li>• Fortress</li> <li>• Henry VIII's Armour</li> </ul> In the afternoon students will walk along the South Bank and have the opportunity for free time shopping in one of London's biggest shopping complexes.	<b>EXCURSION</b> <b>Brighton</b> At the Sunshine Coast students will enjoy: <ul style="list-style-type: none"> <li>• Seaside Pier visit</li> <li>• Shopping at Churchill Square</li> <li>• Visit the quaint Brighton Lanes</li> <li>• Picnic on the beach</li> </ul> In the afternoon students will enjoy an organised activity such as Beach Volleyball on the man-made sand courts along the seafront, or experience a fight on the British Airways i360, the world's tallest moving observation tower.
11.30	Break	Break	Break	Break	Break		
11.45	<b>ENRICHMENT LEAFLET</b> <b>Reading:</b> leaflets about "safety in sports and exercise" <b>Listening:</b> to a "YouTube" guide on the topic <b>Speaking:</b> about "Safety measures to implement in the school grounds" <b>Writing:</b> the conclusions in a poster	<b>ENRICHMENT NEWSPAPER</b> <b>Reading:</b> "Amazing rescue" newspaper story <b>Listening:</b> Radio news <b>Speaking:</b> Comparing newspaper and radio news <b>Writing:</b> a similar news story about a rescue search	<b>ENRICHMENT TELEVISION</b> <b>Watching and listening:</b> to part of a talk show <b>Reading:</b> the script of the sequence <b>Speaking:</b> Discuss and decide with your partner who is going to be the interviewer <b>Writing:</b> a script with your partner	<b>ENRICHMENT INTERNET</b> <b>Reading:</b> about "Britain today" on the internet: Population, religion, multicultural, social class, stereotypes, family life, cost of living <b>Writing:</b> this information about your own country <b>Speaking:</b> Discuss the results with your group	<b>ENRICHMENT FILM</b> <b>Watching and listening:</b> to a sequence of "Game of Thrones" <b>Speaking:</b> Deciding with your partner what has happened before writing the previous scene <b>Reading:</b> it to the class. Compare with the original		
12.45	Lunch	Lunch	Lunch	Lunch	Lunch		
13.45	<b>RESEARCH PROJECT</b> <b>A RECYCLING PROJECT FOR THE SCHOOL</b> <b>Analysing:</b> pictures with the consequences of a lack of recycling <b>Speaking in groups:</b> How can we avoid this? What can we do from here? <b>Audit:</b> our school waste and identify the improvements that can be made	<b>RESEARCH PROJECT</b> <b>Researching:</b> on the internet about what can be done with waste materials that we can use: plastic bottles, paper, cups, boxes, DVDs, envelopes, etc. Making a list of uses of these materials once recycled at school: activities, lessons, sports etc.	Student Meeting <b>14.00 TRIP</b> <b>Skate School</b> Students will be given skating tuition preparing them to be able to roll around with their friends at the roller disco run by local skating instructors.  A picnic dinner will be eaten within the grounds followed by team games and activities.	<b>RESEARCH PROJECT</b> <b>Group discussion,</b> reach an agreement and <b>write</b> a full and detailed proposal	<b>RESEARCH PROJECT</b> <b>Display</b> the final project to the rest of the classes <b>Explain</b> how it is made and what materials have been used <b>Encourage</b> others to reduce, re-use and recycle	<b>EXCURSION OPTION 2</b> A full day of sightseeing in London which may include a walking or bus tour to see the following buildings/locations: <ul style="list-style-type: none"> <li>• Big Ben</li> <li>• Buckingham Palace</li> <li>• Changing of the Guard</li> <li>• Covent Garden</li> <li>• 10 Downing Street</li> <li>• Harrods</li> <li>• Houses of Parliament</li> <li>• Oxford Street</li> <li>• Piccadilly Circus</li> <li>• Regents Street</li> <li>• South Bank</li> <li>• Trafalgar Square</li> </ul>	
15.00	Break	Break		Break	Break		
15.30	Student Meeting	Student Meeting		Student Meeting	Student Meeting		
15.45	<b>SPORTS &amp; ACTIVITIES</b> Aerobics, Bootcamp, Drama, Football, Netball, Painting, Tennis	<b>SPORTS &amp; ACTIVITIES</b> Card Games, Fashion Design, Rounders, Squash, Swimming, Volleyball, Yoga		<b>SPORTS &amp; ACTIVITIES</b> Chess, Circuit Training, Dance, Dodgeball, Model-Making, Stoolball, Table Tennis	<b>SPORTS &amp; ACTIVITIES</b> Badminton, Basketball, Rugby, Cricket, Set Design, Singing, Zumba		
17.15	Free Time	Free Time		Free Time	Tutorials		
18.00	Dinner	Dinner		Dinner	Dinner		
19.00	Student Meeting	Student Meeting		Student Meeting	Student Meeting	Dinner	Student Meeting
19.15	<b>SOCIAL EVENTS</b> Karaoke Night or Soft Ball Sports (Handball, Benchball, Dodgeball)	<b>SOCIAL EVENTS</b> Pool Party or Musical Workshop		<b>SOCIAL EVENTS</b> Quiz or Tennis	<b>SOCIAL EVENTS</b> Leavers' Ceremony followed by Disco or Five-a-Side Tournament	20.00 Free Time	<b>SOCIAL EVENTS</b> Welcome Games and Activities
21.00	Free Time + Snack	Free Time + Snack	Free Time + Snack	Free Time + Snack	Free Time + Snack		Free Time
21.45	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting
22.00	House Time	House Time	House Time	House Time	House Time	House Time	House Time
22.30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime

This is an example timetable for illustrative purposes only.

## Un día cualquiera...

### En el Colegio

Time	Activity
07.15	Wake up
07.45	Breakfast ( served until 08.30 )
08.45	English Skills 1 ( 1h15 )
10.00	Break & Snack
10.15	English Skills 2 ( 1h15 )
11.30	Break
11.45	Enrichment ( 1h )
12.45	Lunch ( served until 13.30 )
13.45	Research Project ( 1h15 )
15.00	Break
15.30	Meeting & Activities
17.15	Free time
18.00	Dinner ( served until 18.45 )
19.00	Meeting & Activities
21.00	Free time & Snack
21.45	House meeting & house time
22.30	Lights out

**Miércoles excursión: 13.45 - 21.00**

**Don't forget to be on time**

for all meetings, lessons and activities.

### De excursión los sábados

Time	Activity
07.15	Wake up
07.45	Breakfast (served until 08.30)
08.30	Excursion meeting
08.45	Departure for excursion
19.00	Dinner (served until 19.45)
20.00	Free time
21.45	House meeting & house time
22.30	Lights out

### De excursión los domingos

Time	Activity
08.30	Wake up
09.00	Breakfast
09.45	Excursion meeting
10.00	Departure for excursion
18.00	Dinner (served until 18.45)
19.00	Meeting & Activities (2 hours)
21.00	Free time & Snack
21.45	House meeting & house time
22.30	Lights out

# Lancing College, West Sussex





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